

# The Harding Icefield Trail

The Harding Icefield Trail is 7.8 miles (12.6 km) roundtrip from Harding Icefield Trail register. Allow at least 6-8 hours to hike to the end of the trail and back.

Harding Icefield

Exit Glacier

**END OF TRAIL**  
3.9 mi/6.3 km  
Elevation: 3527 ft/1075 m

**EMERGENCY SHELTER**  
3.7 mi/5.9 km  
Elevation: 3456 ft/1053 m

**TOP OF CLIFFS**  
2.3 mi/3.7 km  
Elevation: 2454 ft/748 m

**MARMOT MEADOWS**  
1.5 mi/2.3 km  
Elevation: 1685 ft/514 m

**Harding Icefield Trail**

**BRIDGE**  
0.7 mi/1.2 km  
Elevation: 920 ft/281 m

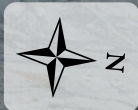
- Stay on trails to avoid destroying fragile alpine plants. If present, follow orange flags that mark the path through snow covered areas.
- Bears frequent this area. Carrying bear spray is recommended.
- Trekking poles and extra water are highly recommended. There is no water or restrooms on the trail.
- Be prepared for a wide range of conditions including mud, rain, snow avalanche and rockfall.
- Local search and rescue resources are limited and may not always be available. Plan within your abilities to reduce the need for emergency response.

**This is a strenuous hike with a 3,102 ft (945 m) vertical rise.**  
It is not recommended for persons with certain medical conditions.

**HIT TRAIL REGISTER**  
0 mi/0 km  
Elevation: 426 ft/130 m

## PLANNING TO CAMP?

Bear resistant food canisters are required for camping and are available at the Exit Glacier Nature Center.



- Viewpoint
- Picnic Area
- Restrooms
- Nature Center
- Pavilion
- Parking Area
- Wheelchair Accessible

Image acquired 2024