

# Shenandoah National Park

## Backcountry Camping Trip Guide



**Trip Name:** Neighbor Mountain and Jeremys Run

**Description:** Wilderness valley, excellent camping and fishing (open for harvest)

**Entry:** 24 MP - Elkwallow Picnic Area

**Exit:** 24 MP - Elkwallow Picnic Area

**Map(s):** PATC # 9 North District

**Level:** Experienced

**Total Length:** 14 miles

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### Day One

Campsite: Neighbor Mtn Trail - backcountry

4 miles

Hike down the connecting trail to the Appalachian Trail (AT), less than 100 yards.

Turn left on the Appalachian Trail (AT), hiking south 3.6 miles.

Turn right onto Neighbor Mountain and find a place to dry-camp (try west of the junction).

Water – You must either bring plenty of water with you or hike to the spring on the AT.

(The AT spring is another 0.9 mile south past the junction with Neighbor Mountain.Trail)

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### Day Two

Campsite: Jeremys Run Trail - backcountry

5 to 7 miles

Continue hiking on Neighbor Mountain Trail for a total of 4.6 miles on this trail.

Turn right onto Jeremys Run Trail, hike up stream 1/2 mile to find a place to camp.

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### Day Three

4 to 6 miles

Continue hiking upstream on Jeremys Run Trail for a total of 5.4 miles.

Turn left onto the AT, hiking north 0.3 mile.

Turn right to return to Elkwallow Picnic Area, 100 yards.

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### Notes

There are 14 stream crossings on Jeremys Run and the water can be knee to waist high in the spring and after heavy rains! Therefore, during the spring, winter and after heavy rains, this trip should only be taken with the proper gear and mindset.

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